

Bring *this* on your *trip*:

- INSULIN (more than you think you need)
- BS meter, teststrips & batteries (see above)
- Hypo treatment & snacks (Bring MUCH more!)
- Glucagon Kit (airlines don't have them on board)
- Alcohol wipes (great for cleaning surfaces, too!)
- Other prescription meds & Supplements
- Medical certificate from your doc (airport security may be interested)
- Diabetes ID
- Ketosticks
- Pens, syringes, needles, infusionsets, cartridges, pump
- Chargers
- Diary (if you use one) & Pen
- And a FRIO Bag to keep your insulin cool

Have fun!