

# Broccoli Salad

You'll need:

- 1 broccoli (depending on how hungry, or how many you are this varies)
- 6 slices of bacon
- 1 pomegranate (seeds) (you can also buy these ready, a lot less hassle!)

Olive oil  
Fresh lemon juice  
Salt  
Pepper

Do this:

1. Cut the bacon into small pieces and fry it until crisp
2. Grate the broccoli (or you can use a blender, just don't blend it too much)
3. Mix the soaked off bacon with the broccoli and the pomegranate seeds
4. Mix olive oil, a squeeze of lemon juice, salt and pepper and pour it over the salad.
5. Enjoy it as a side dish or on its own!



Nutritional information/serving:

Kcal: 194

Carbohydrate: 13 g (fiber: 4.3g, net carbs: 8.7 g)

Protein: 13 g

Fat: 9.6 g